



Pastor Brian Neuenschwander  
The LIFEhouse Church  
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I Thessalonians 5:18

## *...Is an Understanding*

**I am thankful for:**

### **I. Consider the Value of the \_\_\_\_\_ of Thankfulness.**

It tends to silence \_\_\_\_\_.

It tends to enhance \_\_\_\_\_.

It serves to soothe \_\_\_\_\_.

It helps to ward off \_\_\_\_\_.

It cannot fail to deepen \_\_\_\_\_.

It has as the effect of brightening \_\_\_\_\_.

It serves to strengthen for \_\_\_\_\_.

### **II. Occasions of Habitual Thankfulness.** I Thessalonians 5:16-18

1. Be thankful to God for everything that is \_\_\_\_\_.

Psalm 107:1

2. Be thankful to God for everything that is \_\_\_\_\_.

Acts 5:41

### III. How to Foster and Maintain the Habit of Thankfulness?

1. A deep look at what God has done \_\_\_\_\_.  
1 Chronicles 16:34, 1 Chronicles 16:8
2. A deeper look at what God is doing \_\_\_\_\_.  
1 Corinthians 15:56-58

### IV. Unchanging Reasons for Thanksgiving Hebrews 13:5-15

1. OUR \_\_\_\_\_, OUR \_\_\_\_\_  
Matthew 28:20, Isaiah 41:10, John 14:16, Matthew 28:18,  
Isaiah 55:1, Revelation 22:17, John 3:16, Isaiah 53:4-7, 2 Corinthians 5:17
2. OUR \_\_\_\_\_, OUR \_\_\_\_\_  
John 14:1-3, Hebrews 6:16-18, Psalm 5:11, Psalm 12:6-8

### V. A Thankful Heart Understands That:

- A. It is \_\_\_\_\_.
- B. It comes \_\_\_\_\_  
\_\_\_\_\_.
- C. We need to maintain the right \_\_\_\_\_.
- D. We are \_\_\_\_\_, just not always the way we \_\_\_\_\_.

### VI. With This Understanding:

- A. You feel \_\_\_\_\_.
- B. Your \_\_\_\_\_ is kept in check.
- C. You express \_\_\_\_\_.

### VII. Expressing Christ

1. \_\_\_\_\_
2. \_\_\_\_\_